



## Official League Rules

### Recreation Division

1. The home team for each contest will be listed first on the league schedule and will wear the lighter colored uniforms.
2. **At no time will coaches, parents, or fans be permitted to approach the scorer's table during a game.** The only exception to this will be timeouts and halftime when only the head coach can approach the scorer's table.
3. A maximum of one (1) Head Coach and two (2) Assistant Coaches may sit on the team bench. No parents or non-registered players are permitted to be on the bench.
4. Each coach will have a maximum of three (3) freezes prior to the draft.
5. All players are **guaranteed** a fair amount of playing time
6. All players must wear the proper game uniform (Once uniforms are received by the league participants). **IT IS REQUIRED** that they wear these uniforms for **EVERY** game. In addition, it is the sole responsibility of the coaches to ensure that all players follow these uniform guidelines. A technical foul will be administered for uniform violations at the discretion of the League Supervisor.
7. All participants must play in a minimum of four (4) regular season league games in order to be eligible for the post-season tournament. There will be no adding players after the 4<sup>th</sup> game.
8. Post-season tournament pairings will be based upon seeding system. Tie-breakers will be decided by head to head matchup; if still tied it will be determined by the least points against. Example: Team A beats Team B by 4 points the first game. Team B beats Team A by 5 points the second game. Team B will be the higher seed.
9. All proposed protests and/or league violations will be brought to the attention of the League Director for the final decision.

- 10.** The league will provide all the table personnel. The individual will be responsible for the timing of the game and the official Score Book. (Please fill out score sheet prior to your game).
- 11.** No personnel other than the league officials will be permitted to sit at the score's tables.
- 12.** 13 & under division will play with an official ball 29.5. 11 & under and 9 & under will play with 28.5 ball.
- 13.** Game time is forfeit time at the discretion of the League Director.
- 14.** Baskets will be regulation height (10ft).
- 15.** Sportsmanship within Altamonte Basketball League is an essential element of this program. Any act of un-sportsmanlike conduct or lack thereof will NOT be tolerated and is at the discretion of the League Director. If a player or coach is ejected from a game they will sit out the following game. Consequences for a second ejection will be at the discretion the League Director.

